

## Patient Information Leaflet : user information

### ALVITE Syrup

Ferrous Sulphate, Thiamine Hydrochloride, Riboflavin, Pyridoxine Hydrochloride, Nicotinamide, Cyanocobalamin and Dextranthenol

**Please read this leaflet completely before taking this medicine as it contains important information:**

- Keep this leaflet, as you may need to read it again.
- Ask your doctor or pharmacist if you have further questions.
- This medicine was prescribed for you only. Do not give it to others. It may harm them, even if their symptoms are identical to yours.
- If you have any side effects, including some that are not listed in this leaflet, inform your doctor or pharmacist.

#### What is in this leaflet:

1. What is ALVITE and when to use it
2. What you need to know before taking ALVITE
3. How to take ALVITE
4. Possible side effects
5. How to store ALVITE
6. Pack content and other information

#### 1. What is ALVITE and when to use it

ALVITE Syrup is used to treat iron deficiency anemia (a lack of red blood cells caused by having too little iron in the body), debility, convalescence, in case of undue fatigue. It can be used as a general tonic and also during pregnancy.

#### 2. What you need to know before taking ALVITE

##### Do not take ALVITE

- If you are allergic to any of the ingredients of ALVITE (see section 6);
- If you are allergic to any drugs like this one, any other drugs, foods, or other substances. Tell your doctor about the allergy and what signs you had, like rash; itching; shortness of breath; cough; swelling of face, lips, tongue, or throat; Or any other signs
- If you have iron intolerance, haemochromatosis
- If you are receiving repeated blood transfusions, anaemias not produced by iron deficiency
- If you are receiving parenteral iron, patients with iron-absorption disease, existing gastrointestinal diseases or haemoglobinopathies
- If you are using any other oral and parenteral iron preparations.

##### Precautions with ALVITE

- Inform your doctor or pharmacist before taking ALVITE if
  - you are a patient with sideroblastic anaemia, other nutritional anemia not due to iron deficiency, history of peptic ulcer, acute inflammatory disease of the bowel, renal failure or hyperparathyroidism.
  - if you are pregnant or plan on getting pregnant, you need to talk about the benefits and possible risks of using Iron and vitamin B complex Syrup.
  - if you are breast feeding, you need to talk about any risks to baby with your doctor
  - If you have post-gastrectomy, have poor absorption of iron.

### **Concomitant use of ALVITE with other medicines**

Inform your doctor or pharmacist before taking **ALVITE**, if the following interactions with other medicinal products and other forms of interactions may occur :

- Iron chelates with tetracyclines and absorption of both agents may be impaired.
- Absorption of iron may be impaired by penicillamine and antacids.
- Iron preparations and zinc preparations can reduce the absorption of each other
- The absorption of biphosphonates is reduced when taken concurrently with iron preparations. Administration should be separated by at least 2 hours.
- Absorption of iron is impaired by cholestyramine
- Concomitant administration of oral iron preparations and dimercaprol should be avoided. Ferrous sulfate reduces the absorption of levothyroxine and so should be taken at least 2 hours apart.
- Thiosemicarbazone and 5-fluorouracil can neutralise the effect of thiamine.
- Thiamine could give false positive results for urobilinogen determination by the Ehrlich's reaction.
- Pyridoxine hydrochloride may reduce the effect of levodopa

### **Pregnancy and breast-feeding**

Always ask your doctor before taking any medication.

Administration of iron during the first trimester requires definite evidence of iron deficiency.

Prophylaxis of iron deficiency during the remainder of pregnancy is justified.

### **Driving and using machines**

No studies on the effect on the ability to drive and use machines have been performed.

However, patients should be cautioned to see how they react before driving or operating machinery.

## **3. How to take ALVITE**

Always respect the dosage recommended by your doctor. In case of doubt, consult your doctor or pharmacist.

### **Dosage and administration**

Adult : One Teaspoon (5ml) three times daily.

Children : 2.5ml twice daily or as directed by the Physician

Oral administration.

Shake well before use.

### **If you have taken more ALVITE than prescribed**

Contact your doctor immediately.

If you have any other questions pertaining to the use of this medicine, ask your doctor or pharmacist for more information.

### **If forget to take ALVITE**

Take your dose as soon as possible. If it is almost time for the next dose, just skip that dose and take the next one as per the schedule. If in doubt, please contact your doctor or pharmacist. Do not take a double dose to make up for a forgotten dose.

### **If you stop taking ALVITE**

You should always take the complete treatment as described by the doctor. Never stop the treatment on your own.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

#### **4. Possible side effects**

Like all medicines, this medicine can cause side effects, although not everyone gets them.

If you have any of the following symptoms of a severe allergic reaction, stop taking this medicine and talk to your doctor immediately or go to the casualty department at your nearest hospital

- Signs of an allergic reaction, like rash; hives; itching; red, swollen, blistered, or peeling skin with or without fever; wheezing; trouble breathing; unusual hoarseness; or swelling of the mouth, face, lips.
- Very upset stomach or throwing up.
- Black, tarry stools.
- Fever.
- Stomach cramps.

#### **5. How to store ALVITE**

Store in dry place below 30°C. Protect from light.

Keep out of reach and sight of children.

Do not use after the expiry date.

Do not dispose of in the sewer or with household wastes. Ask your pharmacist how to dispose of unused drugs. These measures allow protecting the environment

#### **6. Pack content and other information**

##### **What is the composition of ALVITE**

5 ml of **ALVITE** contains :

166.70 mg of Dried Ferrous Sulphate BP

(Equivalent to Elemental Iron 50 mg.)

0.67 mg of Thiamine Hydrochloride BP

0.67 mg of Riboflavin BP

0.50 mg of Pyridoxine Hydrochloride BP

7.50 mg of Nicotinamide BP

0.5 mcg of Cyanocobalamin BP

1.33 mg of Dexpanthenol USP

Excipients: Sucrose, Liquid Glucose, Methyl Paraben, Propyl Paraben, Sodium Benzoate, Sorbitol 70% solution, Disodium EDTA, Sodium Saccharine, Sodium Hydroxide, Citric Acid, Colour Caramel, Ess. Pineapple Sweet, Flavour Peppermint Troomint, Purified water.

##### **Aspect of ALVITE and pack content**

**ALVITE** Syrup packed in 200 ml Amber coloured glass bottle.

**Manufacturer**

BLISS GVS PHARMA LTD.

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